



DOON CITY
F.C. & ACADEMY

EST. 2005 / DEHRADUN

FUTURE STARS

**A love for the game.
A pathway to grow.**



FOOTBALL DEVELOPMENT PROGRAMME

Future Stars is for players who are serious about pursuing football as a career and aspire to play professionally.

U-8 / U-10 / U-12 / U-14 / U-16 / U-18

More than a game.

Technical quality. Confident decisions. Character that lasts.



Ambition.
Commitment.
Development.

Future Stars is for players who are serious about pursuing football as a career and aspire to play professionally.

LEARN

Build skills through purposeful practice and game situations.

CONNECT

Develop respect, teamwork and confidence alongside teammates.

PROGRESS

Turn feedback into clear goals and take the next step at your pace.

OUR VISION / To develop technically sound, tactically aware and resilient players with the ambition and commitment to pursue higher levels of football.

A clear next step.

Coaching grows with the player: experience, confidence and physical development matter alongside age.

01

FOUNDATION

U-8

Enjoy the ball. Explore movement. Build confidence.

Dribbling, turning and simple passing

Balance, coordination and playful movement

Small-sided games, teamwork and fair play

02

DEVELOPMENT

U-10 / U-12 / U-14

Build technique. Read the game. Make decisions.

First touch, passing, finishing and 1v1 play

Scanning, support and understanding space

Speed, coordination and game application

03

PERFORMANCE

U-16 / U-18

Refine your role. Prepare to compete.

Position-specific technique and decision-making

Team shape, transitions and match preparation

Progressive conditioning and individual goals

Progress is individual. Competitive opportunities depend on readiness, selection and availability.

Develop the whole player.

Four connected priorities, brought together through football.

01

TECHNIQUE

Control the ball and execute with confidence.

First touch / passing / dribbling / finishing

02

GAME UNDERSTANDING

See options, find space and make decisions.

Scanning / positioning / support / transitions

03

ATHLETIC DEVELOPMENT

Move well and build physical capability.

Coordination / speed / strength / recovery

04

CHARACTER

Become a dependable player and teammate.

Respect / resilience / responsibility / teamwork

MAKE PROGRESS VISIBLE

OBSERVE

Understand current strengths and areas to develop.

FOCUS

Choose a clear, achievable learning goal.

APPLY & REVIEW

Practise in games, reflect and set the next challenge.

Purpose. Practice. Recovery.

An example coaching rhythm, adapted to each age group and programme.

MON	Ball mastery & technical skills
TUE	Decisions & small-sided games
WED	Movement quality, coordination & speed
THU	Finishing & attacking / defending situations
FRI	Team understanding & match preparation
SAT	Games, match play or review
SUN	Rest & recovery

TRAINING SHOULD FIT THE CHILD

Young players do not need to attend every session. Plan attendance and intensity around age, school sport, other training, matches and recovery.

LEARN IT. PLAY IT. REFLECT ON IT.

Small-sided games and match practice help players apply skills under pressure. Inter-academy and tournament opportunities add new challenges, with feedback guiding the next phase of learning.

The schedule above illustrates training themes, not a confirmed attendance timetable. Ask the academy about current batches and match plans.

Small steps. Shared dreams.

Learning together. Playing with confidence. Growing through football.



A TEAM TO GROW WITH

Every young player starts with curiosity. Through football, our juniors build skills, friendships and the confidence to keep trying.

ENJOY THE GAME. SUPPORT EACH OTHER. KEEP LEARNING.

Ambition backed by experience.

A football career starts with strong foundations and a committed development environment.

AIFF ACADEMY ACCREDITATION

Dehradun's first AIFF-accredited academy

1-Star academy accreditation

A legacy built on the pitch.

EST. 2005

Football development in Dehradun

500+

Players trained

15+

Tournaments won

10+

State-level players

Players developed at Doon City FC have progressed to district, state and national-level football, with academy graduates earning Uttarakhand state selections.

Future Stars brings that experience into focused development: individual goals, progress reviews and training in skills, game understanding, strength and mindset.

Accreditation milestone and achievement totals are club-reported.



YOUR NEXT CHAPTER STARTS ON THE PITCH.

COME MEET DOON CITY.

Speak with the academy about the right age group, current timings, fees and joining process.

CALL THE ACADEMY

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FIND US

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ASK ABOUT

Goalkeeper development
Player progress reviews
Competition opportunities
Current specialist support

ACHIEVE TILL THE ACHIEVEMENT